Dear families,

Our first term has certainly finished on a high note with a wonderful community celebration yesterday. The Italian art gallery had not only student’s work on display but also the most wonderful creations made from pasta by our students and their families. I would encourage you to drop in at the start of next term and have a look. Yesterday our students worked in multi-age groups throughout the day with our Preps joining in our established “Connections Groups” providing them with another opportunity to build relationships with others. Our Year 9 leaders are to be congratulated for their leadership, they did an amazing job running the soccer clinics and supporting in various ways across the college. Thank you also to the many parents and siblings that joined in on the day. It was certainly a highlight for our students. Thank you also to Prof Simona who oversaw the program for the day.

I am extremely proud of our Year 9 Leaders and congratulate them on a wonderful term. They are an absolute credit to their families and the teaching staff that work with them. They embraced the recent leadership and development camp at Mount Buffalo and those in attendance returned with greater confidence. During our recent Year 7 experience days for our own students and those from local primary schools they led the way, even offering to take on the teacher role in some instances. They were friendly welcoming and extremely supportive of our visitors. I look forward to watching them continue to grow throughout the year.

School Council met for the first time on Tuesday evening. Mrs Afrodita Vandenberg was re-elected as President with Mr Con Alexopoulos as Vice-President. Sub-committees will be led by Mr Mathew Kelly and Mrs Tarius McArthur. The Council has approved the construction of a fence to further secure the college site. This will seal off the site in line with the OSCHi program and Early Years playground. Electronic gates are being repaired on Civic Parade and installed in Grieve Parade. These will be closed during school hours. The Early Years building has had blinds installed and they certainly provide a more “homely” feel. We are investigating the cost of air conditioning the school. This should be installed in the Early Years building late in 2014 and then the middle years in 2015.

Schools present an annual report to their community annually as a part of the department accountability processes. This was presented at the College at 6:00pm on Tuesday 1st April prior to the first meeting of the new council. The Annual Report will be placed on the departmental website.

Next term we welcome back Mrs Tracy Hanson and Mrs Priya Govender to the Integration staff. Our new wellbeing person will also be in place as the position is being finalised today.

The raffle was drawn at assembly today. Thank you to all families who contributed to the raffle. There were some fabulous prizes.

I would like to take this opportunity to wish all our families a happy and safe term vacation. It has certainly been a very busy term and I know I am looking forward to a little time out in the country.

I look forward to seeing everyone returning refreshed on Tuesday April 22nd at 9:00am.

Julie Krause

Principal
Science News

Our Year 7 Science students have been learning about filtration and making Copper Sulphate crystals.
Physical Education News

DOWNLOADABLE PE RESOURCES DEVELOPED BY STUDENTS
Available on the Altona College PE Blog

During Term 2 students will once again commence fitness testing. Currently the Year 8 and 9 students are hard at work completing their upper body exercise homework project in between rounds of tempo running. This will pay dividends when it comes time to measure their performance in fitness tests such as: Maximum push up, Prone Plank Hold and the Beep Test.

Currently the Year 5-7 students have been working towards improving their aerobic fitness through things such as tempo running. They have also been refining their running mechanics and developing their ability to perform short distance/high intensity bouts of running. This will help them to improve their performance when engaging in fitness tests such as the Beep Test, 35m Sprint test and Illinois agility test.

Year 5-9 students have PE for 2 hours each week and have been working hard to develop many things related to health and fitness. During 2013 students completed PE homework once a term and it was my intention to make this as authentic as possible. I wanted it to be something of value to them, something they will get use out of and not just stored in the back of their locker or at the bottom of their school bag.

I have condensed their last year’s homework task into a resource that consists of:

- Healthy eating plans according to the 5 main food groups.
- Different bodyweight exercise workouts.

I have made this into a downloadable PDF and have hosted it off the PE blog at this address http://altonacollegepe.global2.vic.edu.au/sportpe-resources/. I am encouraging all students to download this resource and use it as a means of promoting an active and healthy lifestyle. This will also help students to further prepare for the upcoming fitness tests during Term 2 (and in Term 4).

I came across this clever YouTube clip that really sums up the importance of maintaining a healthy and active lifestyle. It also helps to reinforce many of the key messages I want students to understand when they come to PE class. Have a look.

THE SCIENCE OF EXERCISE: http://www.youtube.com/watch?v=V7sgM2cmtq0

ALTONA LITTLE ATHLETICS CLUB CHAMPIONSHIPS

Congratulations to Josh Johnson, Amy Furlan and Kate O’Halloran on their recent efforts at the Altona Athletics Club Championships. Each of the 3 students collected numerous medals across a variety of track and field events.
Food Tech News

Year 7 students have just completed their ‘Muffin design briefs’ with top tastings ‘Healthier’ muffins going to 2 teams - ‘Tiana & Hayley’ & ‘Balla & Emily’. Tiana Patros & Max Papakaldoukas performed best in each of the design brief processes of ‘Designing, Producing & Evaluating’.

Year 8A students completed their own ‘Pasta Sauce design brief’ with the best tasting sauce going to ‘Emily & Taynesha’.

Amee Hobbs & Deon Dumusny performed best in each of the design brief process for their class.

Attached are some photo of the production day in both classes to enjoy.

Mary Borracci
Food Tech Teacher

ATTENTION FREE EVENT: Hobson’s Bay City Council is holding some workshops that you may be interested in attending. Bookings are essential at the websites provided below.

Know your soils
FREE WORKSHOP
Saturday 5th April, 2:00pm - 4:30pm
Williamstown Community Centre
14 Thompson St, Williamstown

Nourishing your soil is the key to successful organic gardening and abundant yields. This workshop is aimed at gardeners of ALL levels - from beginners to experienced. Soil structure, management, amelioration, no-dig, organic amendments, pH, nutrient and much more will be discussed in detail by Helen Tuton, one of Melbourne’s most highly regarded and sought-after soil scientists. You can bring along some of your own garden soil and examine its soil structure and pH.

FREE EVENT - bookings essential at http://msgknowyoursoils.eventbrite.com.au

Italian Preserving with Maria Ciavarella

FREE WORKSHOP
Sunday 13th April, 2:00pm - 4:30pm
Altona P-9 College, 103A Grieve Pde, Altona

Autumn is the time to make the most of seasonal produce and put rows of beautiful jars in the pantry see you through Winter and Spring. Let Maria Ciavarella step you through Italian preserving methods, from bottled tomatoes and fruit to jams, chutneys, relishes and drying, plus tips on pickling your own olives. This session will be part demonstration, part hands-on workshop, with plenty of tastings of course! Please see flyer for details.

FREE EVENT - bookings essential at http://msgitalianpreserving.eventbrite.com.au
Fundraising

School Banking
The Dollarmites have found sunken treasure from the Lost City of Savings and they want to share it with your students in the form of some amazing prizes.

Major student prize.
One student will win an underwater family adventure holiday including:
• Five nights’ accommodation at the Sea World Resort & Water Park on the Gold Coast;
• VIP passes for two adults and three kids to Sea World, Warner Bros. Movie World, and Wet’n’Wild Gold Coast;
• A Dolphin Family Aqua Adventure; and
• A $3,000 travel voucher to get them there.

Runner-up student prizes.
130 Toys’n’Us Gift Cards to the value of $250 each.

Sunken treasure for schools and you.
There will be a separate draw of $1,000 cash for a school in each State/Territory of Australia. Plus, the School Banking Co-ordinators of each winning school will receive a $250 Commonwealth Bank Debit Card (maximum of three per school).

Here’s how to win.
All your students need to do is make three or more deposits through School Banking during Term 2 and they’re automatically entered into the competition.

Easter raffle
Thank you to everyone who has contributed to the donations for the Easter Raffle and to everyone who has participated in the raffle itself. From this Easter Raffle Fundraiser we have made $355. The winners will be announced at the assembly at the end of the day.

Canteen

Dear Parents/Guardians,

Just to let you know I have uploaded the lunch order sheet on Facebook! So now parents & students can look at it on Facebook!

Enzo Amato

Just Sweets
26 Upton street
ALTONA VIC 3018
Melbourne, Victoria
Telephone: 0401 918 158
Fax number: 03 9315 0553
Email: justsweets@optusnet.com.au
Website: www.justsweets.com.au
Join Lachlan the Reading Dog and take up the Challenge today!
FREE PLAY GROUP FOR YOUR CHILD

KINDA KINDER

Enhance your child's learning and development of literacy, numeracy and socialising skills through play and fun activities:

- for children 0 - 6 years old
- one hour per week; no need to book
- as a parent, you also participate (and must be in attendance)
- led by Victoria University students doing the Bachelor of Education (Early Childhood/Primary)
- with the support of primary schools and local government.

To be held at Altona P-9 College:
103A Grieve Parade, Altona VIC 3018
Starting date is the 29th of April starting at 9am till 10am

Altona P-9 College

Faculty of Arts, Education and Human Development
Phone: 9919 2037
Email: natalie.venuccio@vu.edu.au

vu.edu.au

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