Dear families

What an absolutely beautiful week of weather after a very wet weekend. It is great to see the students enjoying the welcome sunshine each day after very cool mornings. The college policy is that students must now be in their Winter Uniform. Please note: Summer dresses with tights and skivvies are not acceptable as winter uniform.

I was delighted to welcome back Mrs Cathie Staunton (school chaplain) last week from maternity leave. My appreciation goes to Ms Alison Ramadge who capably fulfilled the position. Mrs Simone Costello also returned from leave this week.

I have been advised by the Regional Director Matt Dunkley that we have been allocated a ‘Peer Review’ as a part of the strategic planning process. The strategic plan is a statement to its community about what it stands for and intends to do, over the next four years, to improve student outcomes. It defines what the school values most and sets out the school's goals and targets, key strategies for improvement and its resourcing priorities. Consultation, through surveys and information in school newsletters about the development of the plan also provides an important means of involving the school community in setting school directions. The first stage of the development of a new plan is to review what the school has achieved during the previous four year period. This is called the self-evaluation. Last Thursday, the staff began the review process evaluating our literacy, numeracy, wellbeing and engagement data at our current day.

In the coming week families will receive an email with a link to a survey using Survey Monkey. The college has received a grant for our Breakfast Club from Bendigo Bank. Mrs Elmer, Mrs. Staunton and Mrs. Altermantt will be overseeing this program. Breakfast Club was certainly well attended this week. Mrs Elmer will be holding some special "hot" breakfast sessions from time to time and is seeking support. Please find her contact details in this newsletter.

In the last newsletter we advertised a vacancy on school council. We had two interested parents. There was also an additional community position available that includes people with a special interest in the school. Mrs Danielle Stevens will fulfil the current vacancy and Ms Amanda Sams will be co-opted to the council. Both parents will be on the Council until March 2015.

Thank you to Tarius McArthur mother of Xavier Year 1 and the environment team for their commitment to the development of an edible garden at the college. The school was an absolute buzz on Sunday 4th May with over sixty people in attendance. Please see further details in the newsletter.

We have many sporting teams in the Middle Years who are participating in district competitions. This year Mr Dadswell’s goal was to encourage our girls to participate more in sport. We now have girl’s netball teams in place and a soccer team. Two members of the running team participated in the Run for the Kids at Easter and they are all continuing to train each week ready for the next major event which will be the Spartan Race.

We had ten of our Middle Years girls invited to join the Life Fit program. This week they attended an overnight camp at Torquay and their feedback was extremely positive. In the coming weeks the girls will be attending a number of activities focussing on fitness. A program will also be offered to the boys later in the year. This program was offered by Hobson’s Bay Youth Services who have been a tremendous support to our middle year’s students over a number of years.

Wishing all our families a lovely weekend, enjoy the sunshine as I am sure there are cooler days ahead.

Julie Krause
Altona P-9 College

Prep Enrolments 2015
Come and see our Early Years Learning Centre in action

Open Morning:
Wed 21st May, 2014
11:30am – 1pm or anytime by appointment.

Phone Lauren: (03) 92508050
WYNspeak

I was delighted to enrol Tiana Year 7 and Tia Year 8 into the Wynnspreak competition. This is an external program facilitated by Rotary and Apex. Students at both private and public schools are eligible to enter. I had five very keen students identified after the Principals Speaking Competition in 2013. The two successful applicants have spent many hours preparing a five minute speech on a self-chosen topic. On the night they will also be given a topic to address for two minutes with only a few minutes preparation. The staff will support our students throughout the process.

I would also like to congratulate Gemma and Hayley who also presented and prepared speeches for our heats. They will present their speeches to the middle year's students at assembly. All the students are to be congratulated on their efforts. They were all absolutely amazing and it wasn't an easy decision. I wish Tia and Tiana all the very best on May 27th.

Connections

There have been adjustments to the Connections program in 2014 following a review last year. We have established groups within the college that include students from Prep to 9. This year we have introduced longer sessions less frequently than the half hour weekly session in 2013. In this way we believed it would be more meaningful for the students. The first session was an all day celebration of Italian Day in term 1 along with our College Athletics day. This term there will be two days that will focus on developing connections across the college. On the 22nd May our first day will a sports day with the older students facilitating activities. Another day will be held in June.

Prep Enrolments 2015

We will be holding an open morning on the 21st of May for families of Preps for 2015. Parents and friends are welcome to visit the Early Years Learning Centre between 11:30am and 1:00pm. We will also tour other areas around the school.

Mrs Elmer, Mr Kelly and Ms Krause have been out visiting all feeder kinders this week and meeting parents. If you know of any families with prep students for next year please encourage them to attend. We are now open for enrolments. If you have a child ready for Prep please obtain an enrolment form and pack from Lauren in the office.

Middle Years News

In Year 5/6 we have been investigating the Survival of Living Things. To begin our investigation we looked at different types of soil. We walked around our school yard and identified many different types of soil. We then planted our seedlings ready to investigate, 'What plants need to survive?' Lots of learning took place!!

Ms. Taylor
5/6B Teacher
**PHYSICAL EDUCATION NEWS**

**FUNDRAISER DAY THURSDAY 22nd MAY**

**DATE:** Thursday 22nd May

**TIME:** begins after recess until the end of the day.

**THEME:** come dressed in your favourite sport gear, jersey, team colours from any sport.

**FUNDRAISING METHODS:**
- Gold coin donation for out of uniform,
- Hot lunch orders
- Lunchtime activities: Prizes to be won. Gold coin entry.

**CONNECTIONS GROUP ACTIVITIES:** in an effort to continue to strengthen student relationships across the college all students will be involved in a series of sport based connections group activities. Students will participate in 5 x 30min activities based on the following sports/games.
- Basketball
- AFL football
- Soccer
- Bat tennis/down ball
- Slugga ball

**END OF DAY WHOLE COLLEGE ACTIVITY:** students will be involved in a whole school orienteering challenge. Teams will consist of 2 primary and 2 secondary school students. Prizes to be won.

**WESTERN BULDOGS MASCOT:** Western Bulldogs have also got on board to support the college fundraising day. We will be receiving a visit from the Bulldogs team mascot during our lunchtime activities.

***All funds that are raised on this day will contribute towards purchasing some AFL goal posts to be installed on our school oval***

As per usual parents are invited to attend the day as well. If would be fantastic to see as many parents here as possible.

**BREAKFAST CLUB LAUNCH**

How fabulous to see so many students and parents joining us for the launch of our 2014 Breakfast Club! Despite the cool conditions, the Year 9 Dining Hall was soon buzzing with the sounds of students fuelling up for the day. Many thanks to the staff and parents who assisted in the set up, overseeing and pack up of this session.

**SPECIAL BREAKFAST EVENTS**

We are excited to announce future plans for some special breakfast events, with specialty items such as pancakes, baked beans and even a BBQ breakfast suggested. With this in mind, if there are any parents who could spare some time to help with these special breakfast events we would greatly appreciate your assistance. Dates for these additional special breakfasts will be circulated shortly.

If you are interested in helping, please let Mrs Elmer know via email or through the office.

Thank you once again for supporting our Breakfast Club.

Mrs Amanda Elmer
Wellbeing/Language Support
FUNDRAISING

MOTHERS DAY STALL
Last Friday we had our Mother’s Day Stall where all students had the opportunity to purchase that special something for Mum! Here are some photos of the fabulous gifts.

WORKING BEE
Just a couple of weeks ago we had our College Working Bee. We had over 60 people turn up. Thank you for everyone’s support and participation on the day. Here are some photos of this amazing day.
## Our Calendar for May 2014

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>Rockband Afterschool</td>
<td>Year 5/6/9 ADSSA Cross Country</td>
<td>Curriculum Day-Pupil Free Day</td>
<td>Year 9 LEAP Engineering Workshop Excursion</td>
<td>Mothers Day Stall Year 5/6 Winter Interschool Sport</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td>NAPLAN Testing School Council Meeting 6pm</td>
<td>NAPLAN Testing</td>
<td>NAPLAN Testing</td>
<td>NAPLAN Testing</td>
<td>Year 5/6 Winter Interschool Sport</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>Prep Visit To Kinder</td>
<td></td>
<td>College Fundraising Day</td>
<td>Year 5/6 Winter Interschool Sport</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
</tr>
<tr>
<td>Year 7-9 Cross Country Event</td>
<td></td>
<td>Year 7/8 Girls Soccer Comp</td>
<td></td>
<td>Year 5/6 Winter Interschool Sport</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# 2014 Lunch Menu for Altona P-9 College

Place your order via Fax (9315 0553), or come by at Just Sweets (26 Upton Street, Altona). On this form, clearly state your child’s name, grade/class and tick (✓) the appropriate boxes to make your selection. Please provide correct cash. You may supply your own paper bag, or we can provide one for you at the cost of 20 cents at the office or at Just Sweets. Unfortunately, we cannot accept any responsibility for lost change. Facebook Us “Altona P-9 College Canteen” for all updates!

**Name:**

**Grade/Class:**

### SANDWICHES: WHITE OR WHOLEMEAL BREAD - Made Fresh Daily!

**PLEASE NOTE:** All Sandwiches are spread with Cholesterol-Free Margarine. We can supply “Additional” fillings on any Sandwich: i.e. Lettuce, Cucumber, Carrot, Beetroot, Light Cheese and Tomato, at the cost of 40 cents extra per item. Circle preference.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Tick</th>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegemite</td>
<td>$2.00</td>
<td></td>
<td>• Ham &amp; Cheese</td>
<td>$3.50</td>
</tr>
<tr>
<td>Vegemite &amp; Cheese</td>
<td>$2.40</td>
<td></td>
<td>• Ham, Cheese &amp; Tomato</td>
<td>$3.90</td>
</tr>
<tr>
<td>Ham &amp; Tomato</td>
<td>$3.50</td>
<td></td>
<td>• Ham, Cheese &amp; Lettuce</td>
<td>$3.90</td>
</tr>
<tr>
<td>Cheese Lettuce, Cucumber &amp; Tomato</td>
<td>$3.50</td>
<td></td>
<td>• Chicken Burger with Lettuce, Tomato, Cheese &amp; Light Mayonnaise</td>
<td>$5.00</td>
</tr>
<tr>
<td>Cheese</td>
<td>$2.00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>$2.50</td>
<td></td>
<td>• Salad Sandwich (i.e. Lettuce, Cucumber, Carrot &amp; Tomato)</td>
<td>$3.50</td>
</tr>
<tr>
<td>Diced Roasted Chicken Lettuce, Cucumber, Carrot &amp; Tomato</td>
<td>$5.00</td>
<td></td>
<td>• Diced Roasted Chicken Salad Large Tub (i.e. Lettuce, Cucumber, Carrot &amp; Tomato, with Italian Dressing)</td>
<td>$5.00</td>
</tr>
<tr>
<td>Garden Salad Large Tub (i.e. Lettuce, Cucumber, Carrot &amp; Tomato, with Italian Dressing)</td>
<td>$3.50</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### HOT FOOD

**PLEASE NOTE:** Sauces: i.e. Tomato, BBQ & Soy will cost 20 cents extra. Circle preference.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Tick</th>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large Beef Pie</td>
<td>$4.00</td>
<td></td>
<td>• Hot Dog Skinless 10 inch Roll</td>
<td>$2.80</td>
</tr>
<tr>
<td>Large Sausage Roll</td>
<td>$3.00</td>
<td></td>
<td>• Skinless Dogs 3 pieces</td>
<td>$1.60</td>
</tr>
<tr>
<td>Cornish Pastie</td>
<td>$4.00</td>
<td></td>
<td>• Baked Steggles Chicken Breast Nuggets each</td>
<td>$0.70</td>
</tr>
<tr>
<td>Wholemeal Pastie</td>
<td>$4.00</td>
<td></td>
<td>• Baked Steggles Chicken Breast Nuggets x3 pieces</td>
<td>$2.00</td>
</tr>
<tr>
<td>Baked Lasagne Beef Bolognese - 500g</td>
<td>$6.50</td>
<td></td>
<td>• Steamed Dim Sim</td>
<td>$1.00</td>
</tr>
<tr>
<td>Nachos (i.e. Corn Chips, Tomato Salsa Sauce, Sour Cream &amp; Shredded Cheese)</td>
<td>$5.00</td>
<td></td>
<td>• Steamed Dim Sim x3</td>
<td>$2.50</td>
</tr>
<tr>
<td>Baked Traditional Beef Lasagne (97% Fat Free) - 200g</td>
<td>$4.00</td>
<td></td>
<td>• Noodles - Beef</td>
<td>$2.50</td>
</tr>
<tr>
<td>Steamed Corn On The Cob</td>
<td>$1.00</td>
<td></td>
<td>• Noodles - Chicken</td>
<td>$2.50</td>
</tr>
<tr>
<td>Home-made Ravioli Beef In Tomato Sauce - 450g</td>
<td>$5.50</td>
<td></td>
<td>• Baked Macaroni &amp; Cheese (97% Fat Free) - 200g</td>
<td>$4.00</td>
</tr>
<tr>
<td>Quiche Lorraine</td>
<td>$4.50</td>
<td></td>
<td>• Baked Spaghetti Bolognese - 200g</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

### SNACKS & COLD DRINKS

**PLEASE NOTE:** Circle preference, if an item has more than 1 choice. If an item is “unavailable”, then a substitute will be given.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Tick</th>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large Muffin of the Day</td>
<td>$3.00</td>
<td></td>
<td>• LOL - 250ml Apple, Pineapple &amp; Passionfruit</td>
<td>$2.00</td>
</tr>
<tr>
<td>School Smart Milk - Chocolate - 250ml</td>
<td>$2.00</td>
<td></td>
<td>• LOL - 250ml Apple &amp; Mandarin</td>
<td>$2.00</td>
</tr>
<tr>
<td>School Smart Milk - Strawberry - 250ml</td>
<td>$2.00</td>
<td></td>
<td>• LOL - 250ml Apple &amp; Strawberry</td>
<td>$2.00</td>
</tr>
<tr>
<td>Smartie Cookie</td>
<td>$2.00</td>
<td></td>
<td>• LOL - 250ml Black Current</td>
<td>$2.00</td>
</tr>
<tr>
<td>Chocolate Smartie Cookie</td>
<td>$2.00</td>
<td></td>
<td>• LOL - 250ml Apple &amp; Raspberry</td>
<td>$2.00</td>
</tr>
<tr>
<td>Chocolate Lamington</td>
<td>$2.50</td>
<td></td>
<td>• Just Juice - Apple - 200ml</td>
<td>$1.60</td>
</tr>
<tr>
<td>Custard Tart</td>
<td>$3.50</td>
<td></td>
<td>• Just Juice - Apple &amp; Blackcurrent - 200ml</td>
<td>$1.60</td>
</tr>
<tr>
<td>Plain Popcorn</td>
<td>$1.00</td>
<td></td>
<td>• Just Juice - Orange - 200ml</td>
<td>$1.60</td>
</tr>
<tr>
<td>Streets Calippo - Raspberry</td>
<td>$2.00</td>
<td></td>
<td>• Bottled Water - 600ml</td>
<td>$1.00</td>
</tr>
<tr>
<td>Streets Calippo - Pineapple &amp; Original Lemon</td>
<td>$2.00</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### REQUIREMENTS

- Paper Bag $0.20
- Fresh Long Roll $0.30
- Seasoning Salt Tick ✓
- Seasoning Black Pepper Tick ✓
- Bread White Tick ✓
- Bread Wholemeal Tick ✓
- Toasted Tick ✓

**Special requirements:**

Please find us on Facebook: Altona P-9 College Canteen for all updates!
Welcome to Camp Australia Before, and After School Care

Last week we had great fun making palm trees to go into the Early Learning Centre during the Book Fair. Lots of children got involved.

Breaking News! On 13th June we are having a Lego display and workshop where we have a chance to see some exciting displays of Lego, build some things of our own and learn some things we didn’t know before. The display will be open to everyone, but numbers will be limited for the workshop. More information later.

Steve from Minecraft

Remember to enrol now with us so that when you need us you just need to book. And do come and visit us to see what we do. Perhaps you and your children could come for a play date to try us out.

Natalie MacLachlan, Coordinator

Once registered
You can make bookings and cancellations, view your statements and manage your details anytime of the day.

Save on Care
Save 50% or more on Before and After School Care with the Child Care Rebate. Almost all families are eligible. To find out more call our Customer Service Team on 1300 105 343

Holiday Clubs
Don’t forget about the Camp Australia Holiday Clubs these school holidays. Use the Holiday Club Finder on the website to find the nearest program: www.campaustralia.com.au/holidayclubs

Healthy Snacks
Afternoon tea is served daily. Menus are tailored to children’s tastes, developmental and nutritional needs. Afternoon tea includes a selection of yummy sandwiches and fruit. Children may also engage in fun cooking activities.

How to get started
Before using our programs register online for an account. This enables you to make bookings, view your statements and manage your details anytime of the day. Registering is quick and easy. Visit www.campaustralia.com.au/newparents

we make kids smile
www.campaustralia.com.au
FREE PLAY GROUP
FOR YOUR CHILD

KINDA KINDER

Enhance your child’s learning and development of literacy, numeracy and socialising skills through play and fun activities:
For children 0-6 years old
One hour per week; no need to book
As a parent, you also participate (and must be in attendance)
Led by Victoria University students doing the Bachelor of Education (Early Childhood/Primary)
With the support of primary schools and local government.

Starting date: Every Tuesday 9:15am till 10:15am.

To be held at Altona P-9 College:

103A Grieve Parade
Altona
VIC 3018

Faculty of Arts, Education and Human Development
Phone: 9919 2037
Email: natalie.veruccio@vu.edu.au

vu.edu.au
CRICOS Provider No. 00124M
5131.03.11

VICTORIA UNIVERSITY
MELBOURNE AUSTRALIA
ON...THIS SATURDAY

ALTONA FARMERS MARKET

Into your hand straight from the land

3RD SATURDAY OF EVERY MONTH 9AM-1PM
ALTONA PRIMARY SCHOOL
109 BLYTH STREET ALTONA
Parents, Students and Teachers are invited to an evening with Greg Mitchell

Developing Positive Adolescents!

Is it more important to fix a weakness or improve a strength?

This is a Public Event

Everyone welcome!

$15 per person (at the door) NO EFTPOS
Includes Free Tea/Coffee from 6.30pm

Monday May 26th, 2014
7pm to 9pm
Penola Catholic College
29 Gibson Street, Broadmeadows

Tuesday May 27th, 2014
7pm to 9pm
St. Leonard’s College
163 South Road, Brighton East

Secure your place!
Email rick@criticalagendas.com.au
Include your NAME, Date attending and No. Tickets required (No obligation)
Collect and pay for tickets on the night.
Enquiries: Ph. 0433 616 771

The answer to this and many other essential questions when parenting and teaching adolescents can be found in this entertaining, engaging and essential presentation.
In two dynamic hours Greg Mitchell will lead you through the major resources available to help adolescents become positively successful adults.
The presentation explores the forty elements of adolescent development in terms of the internal resources and external assets available for raising and educating children.

- How to create a positive support network between family, school, neighbourhood and positive adult role models.
- How to develop a child's positive outlook through community involvement
- How to set clear rules, boundaries and expectations.
- How to create constructive time management strategies.

External assets include...
- Creating a commitment to learning.
- Imparting the positive values of care, fairness, integrity, honesty, responsibility and restraint.
- Crafting adolescent social competence; from planning and decision making to resisting the negative peer group.
- Developing a positive identity, positive personal power, self-esteem, a sense of purpose and hope for the future.

Testimonials

My husband and I went last night. We can’t thank you enough for giving us this night of ‘fearless reality’.
Greg Mitchell had an engaging, enthusiastic, motivated, helpful, inspiring, thought provoking, humorous, honest, sharing, giving, caring, open, frank, concise, bulls eye target into his presentation of parenting for those lucky enough to make it last night. And, this lasted for two hours!
- Sharon Munroe, Parent, St Brigids College, Perth

Greg, Thank you very much, your presentation at the Western Australian Council of State Schools Association conference was the most memorable speech of the whole event.
- Tanya Gibson, Parent

Greg Mitchell’s presentation on Leadership for Girls was absolutely excellent and stood out over the two days.
- J.Wright, Teacher, 2013 Girls in Education Conference, Melbourne

About the Presenter

Greg Mitchell has been a teacher for over thirty years and a parent for over a hundred years and he still suffers from enthusiasm. Greg is fascinated by the ways that students, parents and teachers can be empowered to make positive change though a mixture of quality information, compelling learning experience and straight talking honesty.

In this workshop he brings all of his experience, creativity, zest for life, wisdom and humour to create a memorable night for all.

Thank you for reading so far down the page... if you made it this far, you will truly enjoy this presentation.
Feed the Soul Yoga Party

Join us for a bit of soul-feeding goodness at the Feed the Soul Yoga Party - a fun, light-hearted event designed to raise awareness of the importance of healthy body image and self-esteem.

Come along to listen to some live music, try a little yoga and mindfulness, and hear about the things you can do to boost your body image. Plus you can go in to the running to win some great prizes! If you don’t want to participate in the yoga session, that’s fine - just come along to watch, listen, and enjoy the ride.

And don’t forget to come down early, as the first 50 guests to arrive on the day will get a free Feed the Soul goodie bag!

Event Details
Date: Sunday 25 May
Time: 10:00am-1:00pm
Where: Kensington Recreation Centre Community Hall, Kensington
Tickets: http://www.trybooking.com/ESJY
Cost: Tickets are $10, proceeds to EDV
To find out more about the event visit www.feedthesoul.org.au